TRANSGENDER AND NON-BINARY TEEN THERAPY GROUP

Tuesdays from 6:00 to 7:30 over Zoom
Starting Spring 2021 and continuing for 8 weeks

The SIU Clinical Center is holding a therapy group for transgender and non-binary teens experiencing symptoms of anxiety and depression. This group will teach you skills for improving your mood and managing distress. A companion group for parents of transgender and non-binary teens is also available.

For more information or to sign up call 618-453-2361 or email clinicalcenter@siu.edu

SIU SOUTHERN ILLINOIS UNIVERSITY CLINICAL CENTER CARBONDALE