



This Photo by Unknown Author is licensed under [CC BY-NC-ND](https://creativecommons.org/licenses/by-nc-nd/4.0/)

TRANSGENDER AND NON-BINARY TEEN THERAPY GROUP

Tuesdays from 6:00 to 7:30 over Zoom

Starting Spring 2021 and continuing for 8 weeks

The SIU Clinical Center is holding a therapy group for transgender and non-binary teens experiencing symptoms of anxiety and depression. This group will teach you skills for improving your mood and managing distress. A companion group for parents of transgender and non-binary teens is also available.

For more information or to sign up
call 618-453-2361 or
email clinicalcenter@siu.edu

SIU SOUTHERN ILLINOIS UNIVERSITY
CLINICAL CENTER
CARBONDALE