## **Instructions for Clients to access Zoom**

Note: you will be required to download the Zoom app if using a smartphone but will automatically download when using zoom website on your computer.

- 1. To be eligible for Zoom services, you must complete the required paperwork and consents which will be given to you by your clinician prior to session to ensure that you meet criteria for Zoom sessions.
- 2. An email will be sent to your provided email address with an invitation link for a Zoom meeting and Meeting ID.
- 3. Click on the link in the email to join the meeting.
  - a. You will be prompted to open the application on your smartphone or computer
- 4. The computer will prompt you to join with video and then join with computer audio. Be sure that you allow both options so your clinician can see and hear you.
- 5. You should be connected with your clinician at this point.